

GET FIT Winter walking plan

womanandhome.com

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JANUARY 2021 £4.99

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AMAZING!

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Yes, really!

**Relax
& enjoy!**

*All the inspiration you need
for a feel-good new year*

Cosy winter HIDEAWAYS

Embrace the joys of winter in one of these beautiful, off-the-beaten-track havens

THATCHED COTTAGE IN HAMPSHIRE

Argenteor Cottage in the New Forest National Park is an idyllic 18th-century thatched cob house hidden away at the end of a lane frequented only by the odd walker and the park's famous free-roaming ponies and donkeys. Stroll through frosted landscapes and discover the nearby 'wild beaches' of the forest, where ponies run along the shore and roll in the soft sand.

↳ Sleeps six, three nights from £744; newforestcottages.co.uk



GAMEKEEPER'S COTTAGE IN SNOWDONIA

Snowdonia is sensational in winter, a snow-capped landscape with glistening rivers and pounding waterfalls. It's just you and the mountains at Foel Gwynn, a bijou bolthole on the slopes of a vast National Trust estate. This historic slate and stone cottage has a cosy log burner, a secluded garden and superb views. Properly off-grid, there's no TV or Wi-Fi – just rolling hills, woodland and flowing rivers.

↳ Sleeps four, from £266 for three nights; nationaltrust.org.uk/holidays



WINDMILL IN SUFFOLK

The Windmill Suffolk is a towering haven with panoramic views across the most spangled countryside. The top floor has been converted into a cosy living area, with a flat-screen TV, squidgy velvet sofas and a viewing deck complete with a telescope for stargazing.

The medieval village of Lavenham is nearby, and there are lots of fabulous walks – visit Bradfield Woods Nature Reserve and look out for stoats and badgers. Lovely villages such as Orford and Aldbrough, are an hour's drive away. ↳ Sleeps up to four, from £750 for two nights; thewindmillsuffolk.com



FISHERMAN'S COTTAGE IN PEMBROKESHIRE

Rugged and wild, Pembrokeshire's coast is a winter wonderland, with windswept beaches, tempestuous storms and dramatic skies. Overlooking St Brides Bay, the Smokehouse, an old fisherman's cottage, has been transformed into a cosy holiday nest, with log burner, wood-fired hot tub, and uninterrupted sea views. Walk the coastline and gaze at the starlit skies from your deck.

↳ Sleeps four, from £1,250 for four nights; uniquehomestays.com >>



CONVERTED CHURCH IN COUNTY DOWN

Strangford Loch is packed with wildlife at this time of year, when grey seals flop on the rocks and thousands of birds seek refuge on its sheltered shores. Perched on a hill on the edge of Strangford village, Quarry Hill Church is a 19th-century landmark. Airy and luxurious, it retains lots of original features, including huge arched windows, a pulpit and stone vestibule.

Spend cosy evenings by the wood burner, sit in the garden listening to the curlews and oystercatchers in the bay below, and explore the magnificent loch.

✦ **Sleeps up to 10, from £900 for two nights; quarryhillchurch.com**



WOODEN POD IN YORKSHIRE

Tucked away on a remote working farm in the Yorkshire Dales National Park,



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WOODEN POD IN YORKSHIRE

Tucked away on a remote working farm in the Yorkshire Dales National Park, three cosy en suite glamping pods boast stunning views and sheltered alfresco dining, complete with firepits. Watch the winter sun descend over the deserted Howgill Fells (known as the 'Sleeping Elephants' because of their rounded outlines). Then be at one with nature and indulge in a spot of stargazing from the warm bubbles of your outdoor bath.

During the day, you'll enjoy getting to know your neighbours – the chickens, cows and sheep of Beck House Farm. There are fell walks on your doorstep and cycle routes to explore, plus the joys of Lake Windermere are within easy reach.

✦ Sleeps four, from £65 per night; howgillshideaway.co.uk



1920s WAGON IN HEREFORDSHIRE

Quirky, cosy and atmospheric, the Edwardian Wildflower Wagon is straight out of the life of a 1920s showman, with period lamps, polished floors, velvet curtains, vintage stove and elegant antique decor. Nestled in a meadow with an orchard, it's a peaceful getaway. Kick back on the dock and enjoy the spectacular views across the countryside

to the Black Mountains, or head out on enticing walks from the front door.

Book a stay at the wagon through Kip Hideaways, a now membership collection of under-the-radar places to stay in the UK. Membership costs £1.99 per month or £10 per year.

✦ Sleeps two, from £85 per night; kiphideaways.com



OLD SCHOOL HOUSE IN CORNWALL

The Rame Peninsula, Cornwall's 'forgotten corner', offers fabulous wild countryside, tidal creaks and deserted sandy beaches. Perched right on the water's edge in the pretty village of Carisland, the Old School House boasts antique furnishings, underfloor heating, sea views and its own 'smugglers tunnel' to the beach.

Steeped in Cornish history, this 18th-century cottage was once a 'pilchard palace', where the bounties of the sea were smoked, pickled and processed, and later became a school. Take the walk to Rame Head, where fallow deer forage and kestrels hover above the lay surf. **✦ Sleeps six, from £980 per week; luxurycoastal.co.uk**



OFF-GRID COTTAGE IN THE HIGHLANDS

Down a steep wooded valley and across a babbling burn, Lower Polish is a Scottish blackhouse dating back to 1750, hidden away on the Ardnish peninsula. With no internet or phone reception, this is the perfect place to unwind. Snuggle up in front of the wood burner, potter on your own beach or explore the surrounding lochs, woodland and coastline – look out for seals and white-tailed sea eagles.

Note: You reach the cottage by walking the last 300 yards, so you will have to carry provisions down the track. **✦ Sleeps two, from £525 per week; independentcottages.co.uk**

